

CURATING YOUR DREAM CAPSULE WARDROBE
style.
by Beth

HOW TO BUILD THE PERFECT WARDROBE

The Capsule Wardrobe Method

C Cleanse your closet and take control. Reserve this space for items that you love and wear often. Remove everything that doesn't fit or you don't like. These things are taking up valuable space. A clutter-free closet will boost your confidence as you begin to look at building your perfect wardrobe.

A Start adding to your capsule wardrobe slowly. Remember, you are building a mixable wardrobe with key pieces that will be interchangeable and consist of clothes you actually love to wear

P Invest time into developing a strong sense of your personal style. Fill out the *Owning Your Style: An Essential Checklist* found in the Style by Beth free resource library. This will help you when it comes time to select the perfect garments.

S Be the boss of your own style. You know what you love. Stay true to yourself and don't give in to the latest trends unless you know you can OWN the look. A capsule wardrobe will always keep you in style with neutral, simple pieces.

U Start planning your ultimate wardrobe. The idea of a capsule wardrobe is to reduce decision frustration and identify a clear use of each piece that's in your wardrobe. You're choosing fabrics, styles that fit your personality and clothes that work best with your lifestyle.

L Learning the capsule wardrobe method takes time. It's a philosophy and you have to tweek it to meet your own needs. Yes, there are boundaries, but no rules. You will be creating a selection of clothing, shoes, and accessories that can be mixed and matched on a daily basis.

E Begin building your perfect wardrobe with the essentials. Think about clothes in neutral colors and simple designs with no embellishments. As you move forward, you will find that you will spend less time shopping. You only replace pieces when they are well worn or no longer fit.